

ARESTIN INFORMATION

ARESTIN is an antibiotic medication used to treat adult gum disease (periodontitis). When used together with scaling and root planning (deep cleaning), ARESTIN can significantly reduce the depth of infected pockets and helps prevent progression of periodontal disease. It may also be recommended in isolated areas where there is severe bone loss or a deep periodontal pocket. ARESTIN fights infection and inflammation for 30 days and provides considerably better results than scaling and root planning alone for up to 90 days.

HOME CARE INSTRUCTIONS

After Treatment

- ❖ Do not eat or drink anything for at least 30 minutes after treatment
- ❖ Avoid touching the treated area
- ❖ Patients should avoid chewing hard, crunchy, or sticky/chewy foods (eg: carrots, chips/nuts, gum/caramel) or foods containing small seeds (eg: Tomatoes, strawberries) for 2 weeks
- ❖ DO NOT brush your teeth for 12 hours in the areas treated with ARESTIN
When brushing commences, use a soft bristle toothbrush and be very gentle in the area
- ❖ Avoid the use of floss, toothpicks or other devices designed to clean between the teeth for at least 2 weeks after administration of ARESTIN (This includes Waterpik or AirFloss devices)
- ❖ Avoid alcohol and hot (temperature), spicy foods for at least 72 hours
- ❖ DO NOT smoke or use other types of tobacco products. This includes vape or e-Cigarettes
- ❖ DO NOT use straws or rinse your mouth vigorously for 72 hours. This “sucking” action can pull the medication from the treated area and the benefits may be lost
- ❖ Be advised that some mild to moderate sensitivity is to be expected during the first week after scaling and root planing and administration of ARESTIN
- ❖ Notify the office if itching, swelling, rash, papules, redness, difficulty breathing, or other signs or symptoms of possible hypersensitivity occur